**Tier 1 Interventions (80%)**

**Breaks**

* [Break, moving position in class](http://www.pbisworld.com/tier-1/break-moving-position-in-class/)
* [Have student take frequent breaks or activity](http://www.pbisworld.com/tier-1/have-student-take-frequent-breaks-or-activity/)
* [Send student on errand](http://www.pbisworld.com/tier-1/send-student-on-errand/)
* [Snack break](http://www.pbisworld.com/tier-1/snack-break/)
* [Take a break](http://www.pbisworld.com/tier-1/take-a-break/)

**Consequences**

* [Avoid power struggles](http://www.pbisworld.com/tier-1/avoid-power-struggles/)
* [Call parent or note home](http://www.pbisworld.com/tier-1/call-parent-or-note-home/)
* [Card Flip](http://www.pbisworld.com/tier-1/card-flip/)
* [Clear, consistent, and predictable consequences](http://www.pbisworld.com/tier-1/clear-consistent-predictable-consequences/)
* [Do unfinished work during recess or unstructured time](http://www.pbisworld.com/tier-1/do-unfinished-work-during-recess-or-unstructured-time)
* [Have student say a nice thing to the student they called a name](http://www.pbisworld.com/tier-1/have-student-say-something-nice-to-the-student-they-called-a-name)
* [Logical consequence](http://www.pbisworld.com/tier-1/logical-consequences/)
* [Natural consequences](http://www.pbisworld.com/tier-1/natural-consequences)
* [Office referral](http://www.pbisworld.com/tier-1/office-referral)
* [Reflection sheet](http://www.pbisworld.com/tier-1/reflection-sheets/)
* [Remove from room](http://www.pbisworld.com/tier-1/remove-from-room/)
* [Speak in calm and neutral tone](http://www.pbisworld.com/tier-1/speak-in-calm-and-neutral-tone/)
* [Take away privileges](http://www.pbisworld.com/tier-1/take-away-privileges/)
* [Take away unstructured or free time](http://www.pbisworld.com/tier-1/take-away-unstructured-or-free-time)

**Praise**

* [Acknowledging positive behavior](http://www.pbisworld.com/tier-1/acknowledging-positive-behavior/)
* [Praise student frequently](http://www.pbisworld.com/tier-1/positive-praise/)
* [Praise when cooperative and well behaved](http://www.pbisworld.com/tier-1/positive-praise/)
* [Praise when good attitude and involvement occur](http://www.pbisworld.com/tier-1/positive-praise/)
* [Praise when on task](http://www.pbisworld.com/tier-1/positive-praise/)

**Rewards**

* [Rewards, Simple Reward Systems, & Incentives](http://www.pbisworld.com/tier-1/rewards-simple-reward-systems-incentives/)
* [Call parent or positive note home](http://www.pbisworld.com/tier-1/call-parent-or-note-home/)

**Other**

* [Alternate Seating In Own Space](http://www.pbisworld.com/tier-1/alternate-seating-in-own-space/)
* [Alternative modes of completing assignments](http://www.pbisworld.com/tier-1/alternative-modes-of-completing-assignments/)
* [Assign a buddy or partner](http://www.pbisworld.com/tier-1/assign-a-buddy-or-partner/)
* [Assign a classroom job](http://www.pbisworld.com/tier-1/assign-a-classroom-job/)
* [Break down assignment](http://www.pbisworld.com/tier-1/break-down-assignment/)
* [Break down directions](http://www.pbisworld.com/tier-1/break-down-directions/)
* [Call on student frequently](http://www.pbisworld.com/tier-1/call-on-student-frequently/)
* [Clear and concise directions](http://www.pbisworld.com/tier-1/clear-and-concise-directions/)
* [Color coded folders](http://www.pbisworld.com/tier-1/color-coded-folders/)
* [Count to 10](http://www.pbisworld.com/tier-1/count-to-10/)
* [Daily planner](http://www.pbisworld.com/tier-1/daily-planner/)
* [Deep breathing](http://www.pbisworld.com/tier-1/deep-breathing/)
* [Draw a picture or write in a journal](http://www.pbisworld.com/tier-1/draw-a-picture-or-write-in-a-journal/)
* [Encourage interaction with a more self confident student](http://www.pbisworld.com/tier-1/encourage-interaction-with-a-more-self-confident-student/)
* [Engage student](http://www.pbisworld.com/tier-1/engage-student/)
* [Explain assignment](http://www.pbisworld.com/tier-1/explain-assignment-or-directions/)
* [Explain directions](http://www.pbisworld.com/tier-1/explain-assignment-or-directions/)
* [Frequent eye contact](http://www.pbisworld.com/tier-1/frequent-eye-contact/)
* [Frequent home contact](http://www.pbisworld.com/tier-1/call-parent-or-note-home/)
* [Give choices](http://www.pbisworld.com/tier-1/give-choices/)
* [Have student repeat directions back](http://www.pbisworld.com/tier-1/have-student-repeat-directions-back/)
* [Headphones](http://www.pbisworld.com/tier-1/headphones/)
* [Helping Students With Home Work](http://www.pbisworld.com/tier-1/helping-students-with-home-work/)
* [Help student start assignment](http://www.pbisworld.com/tier-1/help-student-start-assignment/)

**Other Cont’d**

* [Ignore](http://www.pbisworld.com/tier-1/ignore/)
* [Individual work space](http://www.pbisworld.com/tier-1/individual-work-space/)
* [Listen to music](http://www.pbisworld.com/tier-1/headphones/)
* [Model appropriate language](http://www.pbisworld.com/tier-1/model-appropriate-language/)
* [More structured routine](http://www.pbisworld.com/tier-1/more-structured-routine/)
* [Move to new location in the classroom](http://www.pbisworld.com/tier-1/move-to-a-new-location-in-the-classroom/)
* [Non verbal cues](http://www.pbisworld.com/tier-1/non-verbal-cues/)
* [Organize materials daily](http://www.pbisworld.com/tier-1/organize-materials-daily/)
* [Pause before giving a direction](http://www.pbisworld.com/tier-1/pause-before-giving-a-direction/)
* [Provide a container for the student’s belongings](http://www.pbisworld.com/tier-1/provide-a-container-for-the-students-belongings/)
* [Proximity to students](http://www.pbisworld.com/tier-1/proximity-to-students/)
* [Reassurance](http://www.pbisworld.com/tier-1/reassurance/)
* [Redirection](http://www.pbisworld.com/tier-1/redirection/)
* [Reduce assignment](http://www.pbisworld.com/tier-1/reduce-assignment/)
* [Reflective listening](http://www.pbisworld.com/tier-1/reflective-listening/)
* [Review PBIS expectations and rules](http://www.pbisworld.com/tier-1/review-pbis-expectations-and-rules/)
* [Speak in calm and neutral tone](http://www.pbisworld.com/tier-1/speak-in-calm-and-neutral-tone/)
* [Speak with student in hallway](http://www.pbisworld.com/tier-1/speak-with-student-in-hallway/)
* [Stand while working](http://www.pbisworld.com/tier-1/stand-while-working/)
* [Start Commands](http://www.pbisworld.com/tier-1/start-commands/)
* [Stop, Walk, Talk](http://www.pbisworld.com/tier-1/stop-walk-talk-strategy/)
* [Stress ball or fidget](http://www.pbisworld.com/tier-1/stress-ball-or-fidget/)
* [Talk one on one with student](http://www.pbisworld.com/tier-1/talk-one-on-one-with-student/)
* [Talk Ticket](http://www.pbisworld.com/tier-1/talk-ticket/)
* [Talk to parent](http://www.pbisworld.com/tier-1/talk-to-parent/)
* [Teach conflict resolution skills](http://www.pbisworld.com/tier-1/teach-conflict-resolution-skills)
* [Teach coping skills](http://www.pbisworld.com/tier-1/teach-coping-skills)
* [Teach organizational skills](http://www.pbisworld.com/tier-1/organize-materials-daily/)
* [Teach relationship skills](http://www.pbisworld.com/tier-1/teach-relationship-skills)
* [Teach relaxation techniques](http://www.pbisworld.com/tier-1/teach-relaxation-techniques/)
* [Teach social skills](http://www.pbisworld.com/tier-1/teach-social-skills)
* [Teach substitute words](http://www.pbisworld.com/tier-1/teach-substitute-words/)
* [Touch base with student](http://www.pbisworld.com/tier-1/touch-base-with-student/)
* [Touch student on shoulder](http://www.pbisworld.com/tier-1/touch-student-on-shoulder/)
* [Turn desk around](http://www.pbisworld.com/tier-1/turn-desk-around/)
* [Use calm neutral tone](http://www.pbisworld.com/tier-1/use-calm-neutral-tone/)
* [Use seating disk](http://www.pbisworld.com/tier-1/use-seating-disk/)
* [Use timer](http://www.pbisworld.com/tier-1/use-timer/)
* [Velcro on/under the desk](http://www.pbisworld.com/tier-1/velcro-on-desk/)
* [Visual schedule](http://www.pbisworld.com/tier-1/visual-schedule/)